



THE HARMONY METHOD

Cellular Memory Practitioners Program

With

Mandy Horton

*Cellular Memory is the complete Blueprint of your Existence.
Nothing we experience escapes being imprinted into Our
Cellular Hologram.*

The Harmony Method Cellular Memory Practitioners Program is created from my book "Simple Harmony". This Method was gifted to me from Divine Creator and as far as I know there is no one else on the planet with this information, so I feel very honoured and humbled to have received it. I am excited to share its wisdom with you all.

~ Healing Through Family Patterns ~ Genetic Codes ~

~ Ancestral Lines ~ Past Lives ~

Cellular Memory is the complete Blueprint of your existence. Nothing we experience escapes being imprinted into our Cellular Hologram. This hologram is also the Planets. Taking responsibility for this I was able to change my life and the life of the Planet I know. This is what we are removing now and replacing with our Higher Human New Earth Template. When we connect into the new Crystalline Grid around the planet we can move out of the old matrix, the old emotional patterning and into our new Human Template.

The elements of our Divine Blueprint are interwoven within our Cellular Memory. The recent infusion of photonic energies is amplifying our cellular memory causing various elements of our Divine Blueprint to leak into our waking consciousness. As a result, many people are beginning to remember their Soul Purpose and are suddenly driven to make changes in their lives to realign with a sense of Higher Purpose. This is also aligning with the Planet and her Higher Purpose.

What we think has a huge bearing on what we feel. We cannot have a thought without an emotion attached to it so when we become aware of our thoughts and therefore our feelings we start taking control of the world we are living in. Through us we create it a new. Whatever the inner world, so is the external. So whatever is happening around you and to you is an expression of your inner most feelings. Your internal world.

When we are manifesting consciously and that which we wish for has turned up but yet it isn't quite the way we wished it, it has flaw and parts we aren't quite happy with. The reality is that you will always get what is at the core so when we look into that which is showing up you will be able to see what you truly believe. We have to take control to change the program, so becoming conscious of that will change the outcome of your reality. Once we have this as a new and automatic system we can let go of control and see that everything is in Divine time and in its perfect place. So we become more trusting of what is going to turn up for us. We know at the core of us there will not be any more sabotage or hardship etc because now it is not in our consciousness.

This only happens when we have cleared the emotional triggers from the body. This is the cellular memory triggers of old pain and trauma. Once they are cleared we are set to create new experiences. I tried to bring in positive affirmations to reprogram but no matter how much I hung in with them it was

showing up as being a lie because I was not at peace, or like trying to say to myself, "I Love you Mandy"I'd gag...I didn't love myself....it was not true and therefore my body was not going to take it on. Every emotional bone in my body was saying the absolute opposite. I got very tired of replaying the same thing over and over and sabotaging all the good that came into my life and the relationships that were purely bad.

We are all raised from dysfunction in some form or another. So we are going to replay that out until we don't and that is the truth of it. I used to think there was something majorly wrong with me and I see now, and that has taken a long time, that we are not broken we have forgotten. We have known at points in our lives where clarity shone through for a short time that there was so much more to us than what we were doing or playing out. It was slight glimpses of the truth but they slipped away too fast.

I have really reacted all my life to authority. I can hear you giggle because I bet you have been the same. You know the feeling you get when someone tells you what to do and how to do it. Yep. Well when I was at school I wrote the words Love, Peace and Freedom all over my school ruler, pencil cases and books. I hadn't realized till much later in life that those words had really been a mantra for me. That's because what we came in this time to do is free ourselves from all that has kept us struggling, controlled, dis-empowered, not living as our authentic selves or in our divine purpose, asleep really. We are here this time to be true to self and step out of the darkness and into the light.

Our emotional bodies are and have created dis-ease and illness. This program has been playing out lifetime after lifetime and has been the destruction of not just our physical bodies but the planet. She experiences through our creations and wow what have we been creating. To heal our bodies heals her body. I have had some reactions with this explanation as many people cannot get their head around us creating the horrible situations that we have coming into our lives. Why would we create abuse? I know when I first realized that it was actually me, not them doing it. I was blown away. It took me a while to grasp that, as it turned everything back to me. It actually wasn't about anyone else. This was huge because everything then says "it is your responsibility" to change it. You and only you. No one else can do it for us.

Cells only live by communicating with each other. They all have little receptors that they communicate through and with. When the body takes on a memory into the cells, the blood sends out a chemical that shuts down the receptors. Once the receptors are shut down by the chemical, the cell dies. Before it dies, it throws the memory and emotions into the next cell and then the same process is repeated. When we have a dead cell area, it is in these areas we create illness and disease. A dead cell area is where we may grow cancer tumours or it may create a slipped disc in the back or as in my case the broken bones held the answer to why so many broken bones and then each one recording separate experiences.

It is huge what we are going through in this transition or ascension so there are many people that will require the assistance of Practitioners and Energy Workers to assist them and their bodies back to balance. I feel truly honoured to have been a part of this journey. Our bodies are moving through a light shift.

Health is such a different concept in 5D than 3D. 5D is about whole-ing, bringing all parts of ourselves together from all parts of the Universe. Completing ourselves. While 3D is healing. So the true understanding of health really means "alignment with self."

That comes about by learning to love ourselves completely through taking responsibility for our wellbeing and honouring the life force within us and everything on this planet and in this Universe. This then brings us to our loving light energies which brings us into a state of wholeness and inner security.

The Harmony Pattern is a pattern that runs through families, that creates disharmony, illness and dis-ease. From the Pattern I was shown the method, thus called, The Harmony Method.

I had been doing Cellular Memory work for many years and this Method added a whole new dimension to this amazing work. With the Harmony Pattern we are able to follow the line of which the patterns come from in a family and clear not just our own patterns and memories but go back and clear our ancestral pathways that created them. It clears the way for the future lines so they can create new pathways and not repeat from our past.

Your pattern is determined by which parent you birth through. So you get a specific direction to go down to find the ancestor, who through their experience and the emotional state from that experience, created the disease or illness that has been passed through the family: eg: breast cancer, strokes, or diabetes etc.

What You Will Receive In This Course:

Cellular Memory Processes:

Intro and Benefits.	1 x 90 min Zoom Meeting
Secondary Gain	1 x 90 min Zoom Meeting
Physical Process	1 x 90 min Zoom Meeting
Going Over Script	1 x 180 min Zoom Meeting
Past Life Process	1 x 90 min Zoom Meeting
Experiencing the Process For those in NZ this is One of the Two Day Weekend Gatherings. Those Overseas this will be Online over Two Days.	2 x Full Days Zoom Meetings
Emotional Process	1 x 90 min Zoom Meeting
Going Over Script	1 x 180 min Zoom Meeting

Experiencing the Process 2 x Full Days Zoom Meetings
For those in NZ this is 1 of the Two Day Weekend Gatherings. Those Overseas this will be Online over Two Days.

Womb Process ~ Life's Purpose 1 x 180 min Zoom Meeting

Going Over Script 1 x 180 min Zoom Meeting

Experiencing the Process 2 x Full Days Zoom Meetings
For those in NZ this is One of the Two Day Weekend Gatherings. Those Overseas this will be Online over Two Days.

Headache/Pain Control 1 x 90 min Zoom Meeting

Harmony Pattern & Method:

Intro and Benefits 1 x 90 min Zoom Meeting

Harmony Pattern 1 x 180 min Zoom Meeting

Going Over Script 1 x 180 min Zoom Meeting

Experiencing the Process 2 x Full Days Zoom Meetings
For those in NZ this is One of the Two Day Weekend Gatherings. Those Overseas this will be Online over Two Days.

You will be sent the recorded sessions of all the Zoom calls and all Course Material Provided.

Certificate Requirements:

- You are required to do 10 x Physical Cellular Sessions that are one-on-one. At least 5 x are to be online to show you can get results that way too.
- You are required to do 10 x Emotional Cellular Sessions that are one-on-one. At least 5 x are to be online.
- You are required to do 5 x Womb ~ Life's Purpose Processes that are one-on-one. At least 2 x are to be online.
- You are required to do 10 x Harmony Pattern Sessions that are one-on-one. At least 5 x are to be online.
- Certification requires online proof that you can demonstrate the proper use of the 4 scripts for each client by sending me the recorded sessions or I can be present on a session online.
- Certification requires that you file a client report after each session.

This Course is run over 5 months and in that time those who live in New Zealand will be required to be physically present at 3 x Two Day Weekend Workshops held in Whangarei.

**~ Healing Through Family Patterns ~ Genetic Codes ~
~ Ancestral Lines ~ Past Lives ~**

Benefits and Testimonials: (A couple of many)

Emotional Traumas:

"At first I felt very overwhelmed by the issues coming up for me. As we went on through the process it gave me more of an understanding of who, why and where these issues were coming from. I am so glad I made the time to do this for myself, my family and my children. Thanks you so much Mandy for taking me through this journey you are so talented and an awesome person."

Debz.

"One fateful and private meeting with Mandy opted in a cellular healing. I'd never heard of such a thing. My life had been topsy turvey and as a child I had always had sore legs and feet. Well we brought up a heap of past issues I couldn't get off my mind and cast them into her fire and the session was done. Do you know, from that day my wife started noticing my legs and feet weren't sore and I wasn't whinging about them, and I noticed that all the crap memories I couldn't get over and were chucked into the fire now have no feelings attached to them and my mind doesn't seem to be bringing them up anymore. Talk about miracles. From the bottom of our hearts THANKYOU."

Glenn and Jenny. Whangarei.

Crohns Disease Healed.

At the age of 19 I was diagnosed with a bowl disease (crohns disease). I was hospitalized because I had lost so much weight, couldn't eat properly and was very weak. I was put on steroids and other medication which I was told I had to be on for the rest of my life. I soon became well enough to go home. The next couple of years consisted of everyday medication and regular flare ups of my disease which entailed more courses of steroids on top of my everyday medication. I hated being on steroids as they would give me the shakes quite bad. During a flare up which could last week's sometimes I would need a toilet

close by and fast. Because of this I would go nowhere, just stay at home and shut myself away. After a while my anxiety levels rose, my self-esteem was low and I couldn't handle being around a lot of people or going out in public. It was a struggle to walk to the mailbox!

My disease at times was manageable but it was always in the back of my mind and I was constantly paranoid when I was well about the next flare up and when it would hit. Some years after being diagnosed I moved into a flat with Mandy's daughter. After meeting Mandy several times she learnt of my disease through conversation and I became aware of her spiritual healing processes. I was very keen to give it a go.

After working with Mandy and applying to my life/disease what I had learnt and what she had taken me through, I was able to become medication free and have been now for over 11 years! Sometimes I get the beginning symptoms of a flare up and all I need to do is go back to what Mandy taught me and where she took me and that's where it stops. No steroids and no medication for the rest of my life!

Not only did Mandy help me with my disease she has also over the years helped me to overcome several personal issues through spiritual healing processes. I will always be eternally grateful to Mandy. She is a loving, caring, beautiful, empathetic soul who has taught me a lot about myself and helped me through some dark places in my life. Thank you Mandy xxx

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The cost for this course is \$4,670 NZD

To register email mandyhorton.mh@gmail.com confirming your interest.

A deposit of \$1500 will be required with registration and full payment made by the start of the Course. We can set up a payment plan if required.

Payments to:

New Zealand account details via an International Money Transfer.

Currency Conversion to New Zealand Dollars NZD: Please check daily rate on Google

DETAILS BANK ACCOUNT

Beneficiary Name: Mandy Horton

Bank Name: ANZ

Bank and Branch Code, and Account Number: 116189070435800

So 11 is the Branch Suffix 6189 is the Branch Number 0704358 is the account number 00 is the account suffix.

Bank Address: ANZ Bank NZ Limited, 16-20 Rathbone Street, Whangarei New Zealand

Transaction Reference [insert sender's name]

SWIFT Code: ANZBNZ22

ABA Number (Required for payments from US only):

Beneficiary's Personal Address: 13 Raupo Place, Tikipunga,

Whangarei. 0112

New Zealand

Beneficiary's Personal Phone Number: 64273933922

Documentation: International Transfers: Please Request from your Bank an electronic transfer confirmation of sent funds via IMT and forward this to me via my email address: mandyhorton.mh@gmail.com

My deepest appreciation and gratitude to you for your Exchange.

I will also make myself available to you for any support you may require after the course.

Looking forward to working with you.

Offered to you by:



Mandy Horton

Spiritual and Life Development Educator, Cellular Memory Practitioner, Author of “Simple Harmony” and Creator of “The Harmony Method”.

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